## WBJH BREAKFAST 3 BREAKFAST MEAL CHOICES!

I-A FLAPSTICK W/SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PLAIN APPLESAUCE	1-B CHOCOLATE MUFFIN W/SAUSAGE PATTY OR TRIX CEREAL GRAHAM CRACKERS Strawberry Cup	1-C SAUSAGE BISCUIT W/ JELLY OR CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS BANANA	I-D STRAWBERRY POP TARTS OR LUCKY CHARMS CEREAL GRAHAM CRACKERS WHOLE ORANGE	1-E BLUEBERY WAFFLES W SYRUP OR TRIX CEREAL GRAHAM CRACKERS RED APPLE WDGES	
2-A BREAKFAST PIZZA OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEAR CUP	3-B BLUEBERRY MUFFINS W/SAUSAGE PATTY OR APPLE JACKS CEREAL GRAHAM CRACKERS WHOLE ORANGES	2-C BREAKFAST TACO DELUXE OR COCCA PUFFS TOAST STRAWBERRY CUP	2-D MINI MAPLE PANCAKES W/SYRUP OR CHEERIOS CEREAL GRAHAM CRACKERS BANANA	2-E KOLACHE OR FROSTED FLAKES CEREAL GRAHAM CRACKERS APPLESAUCE CUP	
3-A FLAPSTICK W/SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEACH CUP	3-B SAUSAGE & EGG BISCUIT W/JELLY OR TRIX CEREAL GRAHAM CRACKERS RED APPLES	3-C STRAWBERRY POP TARTS OR CINNAMON TOAST CRUNCH CEREAL TOAST PEAR CUP	3-D BLUEBERRY MUFFIN W SAUSAGE OR LUCKY CHARMS CEREAL GRAHAM CRACKERS WHOLE ORANGE	3-E SAUSAGE BISCUIT W/ GRAVY OR TRIX CEREAL GRAHAM CRACKERS MANDARIN ORANGE	
4-A FRENCH TOAST STICKS W/SYURP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEAR CUP	4-B BLUEBERRY PANCAKES W/SYRUP OR APPLE JACKS CEREAL GRAHAM CRACKERS STRAWBERRY CUP	4-C EGGSTRAVAGNZA W/TOAST OR COCCA PUFFS CEREAL TOAST APPLESAUCE CUP	4-D CHICKEN BISCUIT OR CHEERIOS CEREAL GRAHAM CRACKERS BANANA	4-E BREAKFAST PIZZA OR FROSTED FLAKES CEREAL GRAHAM CRACKERS PEACH CUP	

#### ALL BREAKFAST MEALS INCLUDE

#### 100% FRUIT JUICE\*\*\* FRUIT OF THE DAY\*\*\* MILK VARIETY

For a complete breakfast meal students must take at least 3 food items one of which must be a fruit or vegetable.

Ala carte prices will be charged for individual items if a complete meal is not taken.

Check out the CBISD website cbisd.com for nutritional information, My School Bucks Online payments, menus, promotions and Online Free/Reduced Meal Applications!

#### STUDENTS BREAKFAST \$1.25 REDUCED STUDENTS FREE Adults Breakfast \$2.25

Breakfast cycle dates correspond with Lunch cycles dates.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in approgram or activity conducted or funded by USDA, Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English., To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3077) found online at: http://www.ascr.usda.gov/complaint filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, all (866) 632-9992. Submit your completed form or letter to USDA by: (1) mai: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 2025-09-410; (2) fixe. (202) 690-744/2; or (3) maii: program.intake@usda.gov, This institution is an equal opportunity provider.

#### MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

#### Columbia-Brazoria ISD

# WEST BRAZOS JR.HIGH



2023-2024 MENII

#### **LUNCH PRICES**

STUDENT LUNCH PRICE \$3.20 ADULT LUNCH PRICE \$4.50

### WBJH

**Every Day Entrée Choices:** 

- 1. PLATE LUNCH (yellow)
- 2. ROUSTABOUT PIZZERIA (blue)
- 3. BIG BOUT BOX (orange)

CYCLE 1	ENTRÉE CHOICE	1-A	1-B	1-C	1-D	1-E
Aug . 16-18 Sept . 11-15 Oct . 9-13 Nov. 6-10 Dec. 11-14 Jan. 22-26 Feb. 20-23 Mar. 25-28 Apr. 22-26 May 20-23	PLATE LUNCH	CHICKEN TENDERS W/ CREAM GRAVY &ROLL	CRISPY TACO W/PICANTEE SAUCE & SOUR CREAM	CHOPPED BBQ SANDWICH	CHICKEN DRUMSTICK W/ ROLL	CHEESEBURGER
	ROUSTABOUT PIZZERIA	4 MEAT PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICK W/ MARINARA	CHEESE PIZZA	PEPPERONI PIZZA
	BIG BOUT BOX	STEAK NUGGETS W/ HOT ROLL &COUNTRY GRAVY	SPICY WINGS W/ RANCH	EGG ROLL W/ SWEET SOUR SAUCE	CRISPY TACOS W PICANTE SAUCE	FISH STICK BASKET
	SIDES (goes with all entrée choices)	WHIPPED POTATOES CAROTEENIES W/ RANCH DIP PEAR CUP	SHRED LETTUCE&TOMATOES PINTO BEANS STRAWBERRY CUP	COLE SLAW CUCUMBER&TOMATO BANANA	GREEN BEANS POTATO ROASTERS RED APPLES	FRENCH FRIES BURGER VEGGIES ORANGE SLICES
CYCLE 2	ENTRÉE CHOICE	2-A	2-B	2-С	2-D	2-E
Aug. 21-25 Sept. 18-22 Oct . 18-20 Nov 13-17 Jan 3-5 Jan.29-Feb 2 Feb 26-Mar 1 Apr 1-5 Apr 29-May 3	PLATE LUNCH	CHICKEN PATTY W/GRAVY & DINNER ROLL	ASIAN CHICKEN W/ FORTUNE COOKIE	CHILI CHEESE FRIES	CHICKEN FRIED STEAK W/ BUTTERED ROLLS & GRAVY	FRITO PIE
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PIZZA POCKET	GARLIC DIPPING STICK W/ MARINARA	PEPPERONI PIZZA	4 MEAT PIZZA
	BIG BOUT BOX	BEEF & CHEESE BURRITO PICANTE SAUCE JALAPENO	CHICKEN PANINI W/ MARINARA	BACON CHEESEBURGER W/ CHIPS	CRISPITO W/ CHEESE SAUCE	SPICY WINGS W/ RANCH
	SIDES (goes with all entrée choices)	BABY BAKER TATORS CARROT COINS PEAR CUP	MIXED VEGETABLES COLE SLAW ORANGE WEDGES	GREEN BEANS CARROT TEENIE W/ RANCH STRAWBERRY BANANA APPLESAUCE	WHIPPED POTATOES CORN NIBLETS SLICED CUCMBERS W/ RANCH BANANA	POTATO WEDGES RANCHERO BEANS PLAIN APPLESAUCE
CYCLE 3	ENTRÉE CHOICE	3-A	3-B	3-C	3-D	3-E
Aug 28-Sept 1 Sept 25-29 Oct 23-27 Nov 27-Dec 1 Jan 8-12 Feb 5-9 Mar 4-8 Apr 8-12 May 6-10	PLATE LUNCH	CHICKEN NUGGETS W/ BUTTERED ROLL & GRAVY	CORN DOG	CHILI CHEESE ENCHILADAS W/ SALSA CUP	CHILI MAC W/TEXAS TOAST	STEAK SANDWICH
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICKS- MARINARA	PEPPERONI PPIZZA	CHEESE PIZZA
	BIG BOUT BOX	FISH SANDWICH W/ TARTER SAUCE	BEEF & CHEESE BURRITO	BAHA FISH STICKS W/ RANCH	EGG ROLLS W/ SWEET SOUR SAUCE	CHICKEN TAMALES W/CHEESE DIPPER CUP
	SIDES (goes with all entrée choices)	BROCCOLI &CHEESE SCALLOPED POTATOES PEACH CUP	BAKED BEANS TOSSED SALAD W'RANCH RED APPLES	SPANISH RICE REFRIED BEANS PEAR CUP	PEAS & CARROTS SLICED CUCUMBERS W RANCH ORANGE SLICES	BURGER VEGGIE CUP FRENCH FRIES W KETCHUP MANDARIN ORANGES
CYCLE 4	ENTRÉE CHOICE	4-A	4-B	4-C	4-D	4-E
Sept .6-9 Oct . 3-7 Oct .31-Nov.4 Dec . 5-9 Jan . 17-20 Feb. 13-17 Mar .20-24 Apr .17-21 May 15-19	PLATE LUNCH	POPCORN CHICKEN W/GRAVY & ROLL	STEAK FINGERS W/ ROLLS & CREAM GRAVY	ASIAN TANGARINE CHICKEN W/ SWEET SOUR SAUCE	CHICKEN TAMALES W/TORTILLA ROUND &SALSA CUP	CHICKEN PATTY W/KETCHUP
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICKS- MARINARA	PEPPERONI PIZZA	PEPPERONI PIZZA
	BIG BOUT BOX	CHEESEY NACHOS W/ JALAPENOS	CHILI CHEESE DOG	BAHA FISH STICKS W/ GOLD FISH CRACKERS &TARTAR SAUCE	FRITO PIE	BEEF & CHEESE BURRITO
	SIDES (goes with all entrée choices)	CARROT COINS CUCUMBER SLICES W/ RANCH APPLESAUCE CUP	WHIPPED POTOATOES TOSSED SALAD W/ RANCH GREEN BEANS STRAWBERRY CUP	BROCCOLI WINTER BLEND VEGGIE STICKS W/ RANCH PLAIN APPLESAUCE	MEXICALI CORN SHRED LETTUCE & TOMATO SLICED JALAPENOS BANANA	FRENCH FRIESW/ KETCHUP PINTO BEANS BURGER VEGGIES PEACH CUP

# ROUSTABOUT LUNCH 3 Entree Choices every day!

#### **PLATE LUNCH**

Hot Traditional Homestyle Meal

#### ROUSTABOUT PIZZERIA Sliced Pizza Variety

#### BIG BOUT BOX Grab-N-Go Deli Box

Choose 1 entrée from the 3 entrée choices above.

Each entrée includes ALL available sides PLUS milk variety choice

For a complete LUNCH meal students must take at least 3 components, one of which must be a vegetable or fruit side dish.

Students <u>may take all</u> offered components within each meal grouping..

Ala carte prices will be charged for individual items if a complete meal is not taken.